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# Objectives

- What exactly is NDWS?
- Overview of survey content
- Overview of linkable data resources
- How to access data
- What comes next



## Background

- 6 million Americans lived with dementia in 2020
  - 14 million by 2060
- Costs of health care for a person living with dementia are \$30,000 higher than for those without dementia
  - Total costs in US will be \$1.6 trillion by 2040
- Millions of workers serve this population and have enormous influence over the quality and costs of care
  - Particularly direct care workers: 2.4 million personal care aides, 1.1 million nursing assistants, 800K home health aides
- Very little is known about the dementia care workforce, and how they influence care and quality outcomes for the population they serve



### What NIA asked for:

NOFO: "What is missing from this literature is how care is supplied to PLWD and what decisions are made by providers and institutions that lead to wide variations in care for PLWD."

- New \$81 million cooperative agreement (U54) with National Institute on Aging to create a data resource for researchers
- Launch a national survey that can be linked with patient outcomes and other administrative data
- Pilot grants to accelerate use of the data
- Helps advance new AD/ADRD Research Implementation Milestone:
  - 13.J: Care & Caregiving: Dementia care workforce



### Our answer? NDWS

- Leadership:
  - Donovan Maust, MD, U Michigan, geriatric psychiatrist (MPI)
  - Joanne Spetz, PhD, UCSF, economist (MPI)
  - James Wagner, PhD, U Michigan Survey Research Center
  - Laura Wagner, PhD, RN, UCSF
  - Steven Marcus, PhD, U Penn
- Other partners: UNC-Chapel Hill, Brown, Yale, Alzheimer's Association, and Mathematica
- Data collection: RTI and DLH
- 5 years: September 30, 2023 through August 31, 2028



# The surveys

### A family of 4:

- Community Clinician (including MDs, Nurse Practitioners, Physician Assistants)
- Nursing Home Staff
  - + Org-level survey
- Assisted Living Staff
  - + Org-level survey
- Home Care Staff
  - + Org-level survey

- licensed nurses
- direct care workers

A total of 75,000+ surveys over 5 years.

## Community Clinician

- 6 clinician types—primary care (MD/DO, NP, non-surgical PAs), psychiatrists, mental health NPs, and neurologists—who have had a Medicare encounter with any patient with a dementia diagnosis
  - Step 1: Identify patients with a dementia diagnosis in the past year
  - Step 2: Identify clinicians who have billed for (or prescribed to) them in any setting
    - Including "prescribed to" (i.e., pharmacy claims) = better identify NPs and PAs
  - Step 3: Stratify frame based on clinician type, clinician setting (e.g., residential?), dementia panel size, rural/urban, % Medicaid and/or Part D low income subsidy



# Staff surveys

#### First-stage sampling:

- Nursing Homes (NH): list of CMS-certified facilities
- Assisted Living Communities (AL): state lists of licensed organizations
  - Year 1: 21 states, NCAL licensure terms
  - Year 2: 50 states + DC, expanded list of licensure terms
- Home Care Agencies (HC):
  - Year 1: CMS list of home health agencies
  - Year 2: State lists of registered home care agencies



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  - Year 2: State lists of registered home care agencies

#### Second-stage sampling:

- Roster staff from recruited organizations
- Sample from rosters:
  - RNs
  - LPNs
  - "direct care workers"

# Eligible staff for rostering

| NH                         | AL                                       | HC                             |
|----------------------------|--|--------------------------------|
| Registered Nurse           | Health Care Supervisor                   | Registered Nurse               |
| LPN/LVN                    | Registered Nurse                         | LPN/LVN                        |
| CNA                        | Licensed Practical/Vocational<br>Nurse   | CNA                            |
| Nurse Aide in Training     | Direct Care Worker                       | Nurse Aide/Assistant           |
| Medication Aide/Technician | Certified Nurse Aide/Assistant           | Home Health Aide / Assistant   |
|                            | Nurse Aide/Assistant                     | Personal Care Aide / Assistant |
|                            | Personal Care Aide/Assistant             | Activity staff                 |
|                            | Medical Technician /<br>Medication Aides |                                |
|                            | Activity staff                           |                                |



## How we developed the questionnaires

- Our charge: Develop 7 survey questionnaires
- Literature review, including questionnaires from other studies
  - >120 articles and questionnaires
  - National recommendations such as HRSA's "minimum data set"
- "Call for survey content" to seek input and ideas
  - Received 38 responses our first year
- Survey design team meetings and reviews across sub-teams
- Reviews by 6 consultants & our Project Scientist
- Cognitive testing of all questionnaires
- Translation of staff questionnaires into Spanish
- Available on NDWS website since early Summer 2024



### Key survey content domains

- Demographics
- Education, training, experience
- Employment status
- Dementia care knowledge, attitudes, and practices
  - Community Clinician:
    - What type of cognitive assessment is used in your practice? Who administers it?
    - As part of eval for cognitive impairment, what do you order? (e.g., neuropsych testing, biomarkers)
  - Staff:
    - "It is rewarding to work with people who have dementia"
    - "I am comfortable touching people with dementia"
- Working conditions and organization practices
- Worker outcomes



## Administrator surveys

Will be completed by each organization participating in Nursing Home, Assisted Living, and Home Care Staff surveys:

- Practice setting and characteristics
- Training provided
- Dementia-specific care as part of:
  - hiring
  - training
  - ongoing education



# Community Clinician

| <b>75</b> . | Among your patients with suspected cognitive impairment including dementia, how often do you  |
|-------------|---|
|             | order, or refer to a specialist to order, the following as part of the diagnostic evaluation? |

|  | Never   | Rarely | Sometimes | Routinely |
|--|---------|--------|-----------|-----------|
| a. Comprehensive neuropsychological testing    | 0       | 0      | 0         | 0         |
| b. Plasma biomarker testing                    | $\circ$ | 0      | 0         | 0         |
| c. Cerebrospinal fluid (CSF) biomarker testing | 0       | 0      | 0         | 0         |
| d. CT scan or MRI of the brain                 | $\circ$ | 0      | 0         | 0         |
| e. PET imaging                                 | 0       | 0      | 0         | 0         |
| f. Genetic testing                             | 0       | 0      | 0         | 0         |

76. Among your patients with <u>suspected</u> cognitive impairment, including dementia, how often do you refer patients to the following specialists for assistance with <u>diagnosis</u>?

|   | Never | Rarely | Sometimes | Routinely |
|---|-------|--------|-----------|-----------|
| a. Neurologist                                    | 0     | 0      | 0         | 0         |
| b. Neuropsychologist                              | 0     | 0      | 0         | 0         |
| c. Psychiatrist or other mental health specialist | 0     | 0      | 0         | 0         |
| d. Geriatrician or other geriatric specialist     | 0     | 0      | 0         | 0         |



# **AL Staff**

| 3. Thinking about your job at this community, how much do you agree or disagree with each of the following?  |          |                    |            |              |                |  |
|--|----------|--------------------|------------|--------------|----------------|--|
|  |          | trongly<br>isagree | Disagre    | e Agree      | Strongly agree |  |
| <ul> <li>a. I have enough time to give individual attention<br/>residents who need assistance with dressing<br/>bathing, transferring, or using the toilet.</li> </ul> |          | 0                  | 0          | 0            | 0              |  |
| b. I have enough time to complete other duties don't directly involve the residents.   | that     | 0                  | 0          | 0            | 0              |  |
| c. Residents and/or families let me know when am doing a good job.   | 1        | 0                  | 0          | 0            | 0              |  |
| d. My supervisor(s) lets me know when I am do a good job.  | oing     | 0                  | 0          | 0            | 0              |  |
| e. I am encouraged to discuss the care and we being of residents with their families.  | II-      | 0                  | 0          | 0            | 0              |  |
| f. I participate as a member of a care team.   |          | $\circ$            | 0          | 0            | 0              |  |
| In your job at this community over the past ye   | ear, how | often ha           | ave you ex | perienced th | e following:   |  |
|  | Neve     | er                 | Rarely     | Sometimes    | Often          |  |
| a. Communication problems with co-workers  | 0        |                    | 0          | 0            | 0              |  |
| b. Communication problems with supervisor(s)   | 0        |                    | 0          | 0            | 0              |  |
| c. Communication problems with residents   | 0        |                    | 0          | 0            | 0              |  |
| d. Communication problems with residents' family members   | 0        |                    | 0          | 0            | 0              |  |
| e. Disrespectful behavior from residents   | 0        |                    | 0          | 0            | 0              |  |
| f. Disrespectful behavior from residents' family members   | 0        |                    | 0          | 0            | 0              |  |

## HC Administrator

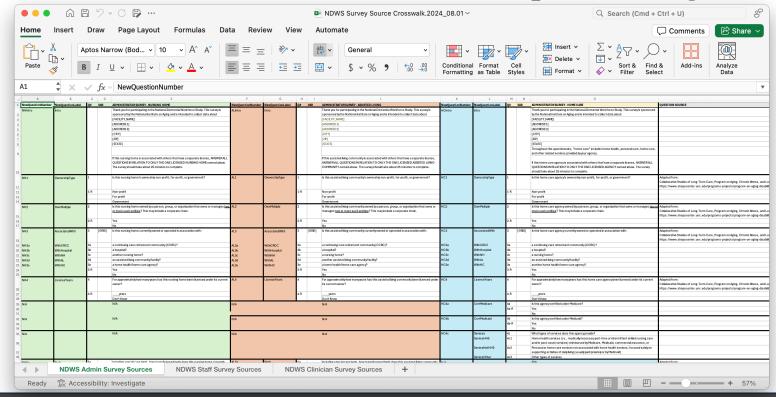
b. Person-centered care

c. Assessment and care planning

What benefits are provided to full-time staff? Select all that apply. O Paid time off (PTO) that combines sick and vacation How many days of combined PTO do full-time staff receive... days per year Paid sick time (separate from vacation) How many sick days do full-time staff receive... days ner vear Have the majority of staff who provide direct care to clients had formal training in the following areas as continuing education in the last year? (Formal training is the type of training that is documented, the hours of which can be counted.) ve... YES NO 0 a. Dementia including Alzheimer's disease 0 0 0 0 d. Dementia-appropriate support for activities of daily living 0 e. Behaviors and communication specific to persons with dementia

# Survey crosswalk

- Allows for easy comparison of items across the three staff and administrator surveys (i.e., NH/AL/HC)
- Includes item source where from pre-existing surveys







### Data

Two versions of survey data (released summer 2025):

- 1. Public use files (PUFs) available through NACDA
  - <a href="https://www.icpsr.umich.edu/web/pages/NACDA/index.html">https://www.icpsr.umich.edu/web/pages/NACDA/index.html</a>
  - Do <u>not</u> include the administrator surveys, given the relatively small number of facilities in Wave 1
    - Staff PUFs include small number of variables from admin survey (e.g., ownership type)
  - We have identified variables that could serve as indirect identifiers; these are "coarsened" or suppressed in the PUFs
    - e.g., "What year did you complete your highest clinical degree?" → collapsed by decade in the PUF
    - Survey questionnaires have now been updated to include high-level overview of this process and the modified/suppressed variables
- 2. Restricted version available through LINKAGE
  - The only option if you want to link the surveys with anything else



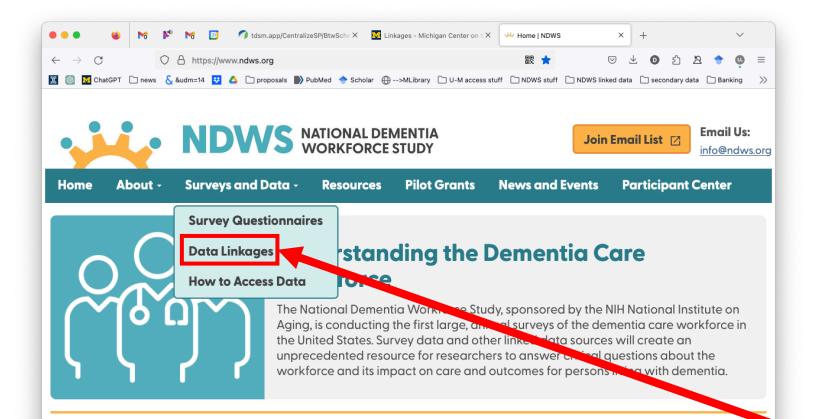
### Five types:

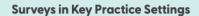
- 1. Linking administrator + staff respondent surveys
- 2. Environment (local context)
- 3. NDWS-created, claims-based summary files
- 4. Other files linkable through CMS identifier
- 5. Beneficiary-level CMS claims/encounter/assessment data

Any/all of these linkages can only be done through through LINKAGE. NDWS surveys deposited in LINKAGE will include:

- FIPS state/county codes
- Respective CMS identifiers (NPI for CC, CCN for NH/HC)









Four national surveys are designed to help researchers understand the large and diverse dementia care workforce and how workforce factors impact care.

Learn More  $\rightarrow$ 

#### Valuable Data Resource



Surveys will be valuable as a standalone data, and they can also be combined with linked data, including beneficiary-level Medicare claims.

 $\textbf{Learn More} \rightarrow$ 

#### **Taking the Survey**



If you were invited to complete a survey, you can make an impact on how we understand the dementia care workforce in just 25 minutes.

Learn More →





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### All surveys:

- Have FIPS state/county codes for matching with:
  - County: AHRF, Social Vulnerability Index
  - State: AARP LTSS state scorecard, Medicaid spending

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- Have FIPS state/county codes for matching with:
  - County: AHRF, Social Vulnerability Index
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- CC and NH surveys have clinician NPI and facility CCN, respectively, which allow matching with:
  - Claims-based summary files that we create (e.g., panel demographics, % antipsychotic use)

- 1. Linking administrator + staff respondent surveys
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## Claims-based summary files

<u>Problem:</u> Barrier to using raw claims and assessment data is significant, slows research, and narrows the pool of researchers to those with access to the necessary expertise

**Solution:** Using LTCfocus as our inspiration, create claims- and/or assessment-based measures as part of NDWS that researchers can use to accelerate research findings.



Surveys

**Data Linkages** 

**How to Access Data** 

#### **Claims-Based Summary Files**

The NDWS team uses patient-level data from the Centers for Medicare & Medicaid Services (CMS) Medicare claims and the Minimum Data Set to prepare annual summary files of clinical characteristics and outcomes of people living with dementia cared for by NDWS survey respondents. These files will facilitate and accelerate researchers' ability to objectively examine the relationship between workforce characteristics and the health care delivered.

Annual summary files are created at the clinician-, facility-, or agency-levels and include demographic characteristics, payer information, clinical characteristics, and health care use.

#### Wave 1 Data

- Wave 1 Community Clinician Data Dictionary (PDF, 709 KB)
- Wave 1 Nursing Home Data Dictionary (PDF, 562 KB)

In subsequent years, these claims-based summary files will be updated and expanded across all NDWS surveys.

#### CC survey:

- Panel demographics (PWD and full)
- Clinical characteristics (e.g., CCW flags)
- Service characteristics:
  - Annual Wellness Visit
  - Imaging
  - o Prescribing

#### NH survey:

- Facility characteristics (PWD and overall)
- Clinical characteristics
- Service characteristics from Medicare A/B
- Prescribing to residents with dementia



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- CC and NH surveys have clinician NPI and facility CCN, respectively, which allow matching with:
  - Claims-based summary files that we create (e.g., panel demographics, % antipsychotic use)
  - Lots of other CMS data:
    - Public use files at the provider and facility levels (e.g., PBJ, NH Compare, LTCfocus)



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  - Lots of other CMS data:
    - Public use files at the provider and facility levels (e.g., PBJ, NH Compare, LTCfocus)
    - Beneficiary-level claims and assessments



### Beneficiary-level CMS data

Think sample frame creation, but in reverse:

- CC survey:
  - Take NPIs for all clinicians in CC sample frame
  - Identify all beneficiaries that they have cared for using Part A/B/C/D
    - with and without ADRD
- NH survey:
  - Take CCNs of participating facilities
  - Through MDS assessments in those facilities, identify all patients/residents that received care there
  - Then identify all their respective Medicare records
    - with and without ADRD
- Medicaid + MDS + OASIS also available
- CMS data from 2015 to now



### How did we do on Wave 1?

|        | Wave 1 |             |
|--------|--------|-------------|
| Survey | sample | respondents |
| CC     | 25,000 | 4,699       |
| NH org | 200    | 28          |
| staff  |        | 394         |
| AL org | 200    | 34          |
| staff  |        | 447         |
| HC org | 200    | 4           |
| staff  |        | 26          |

### How did we do on Wave 1?

|        | Wave 1 |             | Wave 2  |             |  |
|--------|--------|-------------|---------|-------------|--|
| Survey | sample | respondents | sample  | respondents |  |
| CC     | 25,000 | 4,699       | ~20,000 | 5,300       |  |
| NH org | 200    | 28          | 1,000   | 140         |  |
| staff  |        | 394         |         | 1,970       |  |
| AL org | 200    | 34          | 1,000   | 180         |  |
| staff  |        | 447         |         | 2,235       |  |
| HC org | 200    | 4           | 300     | 12          |  |
| staff  |        | 26          |         | 350*        |  |

## What is coming?

- Wave 2
  - CC is focused on continuing Wave 1 collection
  - NH and AL
    - New organizations (goal = 145 NH, 180 AL)
    - Longitudinal follow-up of W1 staff respondents
  - HC has expanded to true home care + direct pilot in MI
- Wave 3
  - CC sample = clinicians in top quartile by volume of patients with dementia
    - Wave 4 = rural clinicians
  - NH/AL/HC
    - Continue recruiting new organizations
    - Continue longitudinal follow-up of W1 and W2 respondents
  - Qualitative phase!



# Big Picture: Sample & Data Collection

| Table 2. NDWS semi-structured interview counts by survey and project year |   |   |   |   |                  |  |  |
|---|---|---|---|---|------------------|--|--|
|   | Participants  | Wave 3  | Wave 4  | Wave 5  | Total Interviews |  |  |
| Community Clinicians  | Survey respondents  | 120   | 100   | 100   | 320              |  |  |
| Nursing Home  | <ul> <li>Per sampled home:</li> <li>1 administrator,</li> <li>3 survey respondents</li> <li>1 RN/LPN,</li> <li>2 direct care</li> </ul>     | 200<br>(from 50 homes)  | 200<br>(from 50 homes)                                      | 200<br>(from 50 homes)                                      | 600              |  |  |
| Assisted Living   | <ul> <li>Per sampled community:</li> <li>1 administrator,</li> <li>3 survey respondents</li> <li>1 RN/LPN</li> <li>2 direct care</li> </ul> | 200<br>(from 50<br>communities)                               | 200<br>(from 50<br>communities)                             | 200<br>(from 50<br>communities)                             | 600              |  |  |
| Home Care   | <ul><li>Per sampled agency:</li><li>1 administrator</li><li>1 survey respondent</li><li>Independent providers</li></ul>                     | 200<br>(2 each from 50<br>agencies, plus 100<br>independent?) | 160<br>(2 each from 50<br>agencies, plus 60<br>independent) | 160<br>(2 each from 50<br>agencies, plus 60<br>independent) | 520              |  |  |
| Total   |   | 720   | 660   | 660   | 2040             |  |  |

### Logistics & Infrastructure

#### **Data Collection**

1. Receive contact list for sampling

2. Interview team schedule interviews

Conduct interviews.
 Audio record & transcribe.

4. Send gift card.

5. Clean transcript for accuracy & privacy.

**Continuous recruitment and data collection** 

#### **Prepare Data for Use by Researchers**

Produce a brief memo that summarizes key interview themes. 7. Employ Linguistic Inquiry and Word Count, to create tags / searchable index.

8. Use qual software to organize transcript data based on questions and/or domains.

9. Use Latent Dirichlet Allocation (LDA) to identify underlying topics / indicate cooccurring words

10. Use machine learning algorithms to identify meaningful themes in the data.

11. Transfer transcripts and paired meta-data to data sharing platform

Iterative preparation of meta-data to facilitate analysis

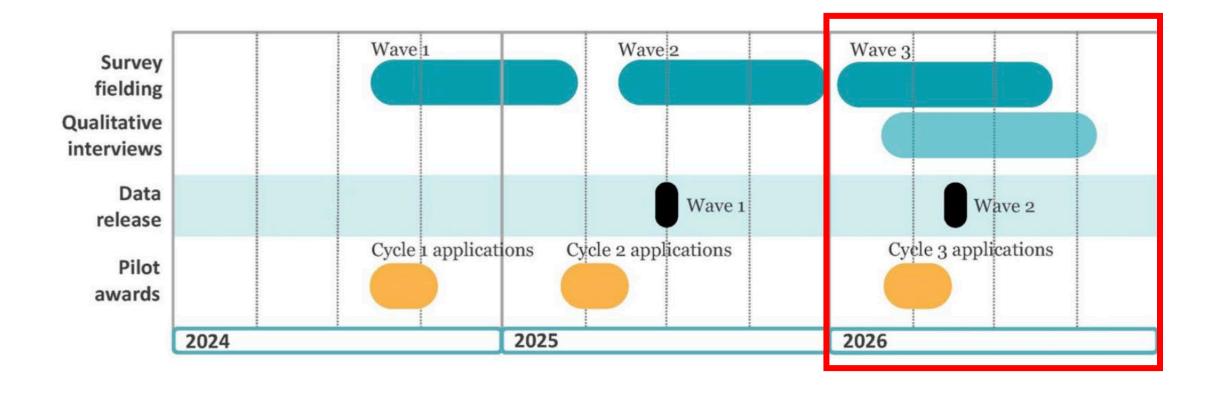


### Wrap-up: Data Summary

- Public-use files (unlinked/unlinkable survey data) through NACDA
  - https://www.icpsr.umich.edu/web/pages/NACDA/index.html
- Restricted-use files with linked data through LINKAGE
  - https://www.nia.nih.gov/research/dbsr/nia-data-linkage-program-linkage
- Full Y1 datasets (with available linked data) available now!
- All <u>FREE</u>, including any/all linked data
  - Given prohibitive cost of CMS data access, this is a highly accessible option to access CMS data, esp. for early career researchers



# Wrap-up: Timeline







JAGS Special Collection

# Thank you!

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