

Thank you for participating in the National Dementia Workforce Study.

This survey is sponsored by the National Institute on Aging and is being given to assisted living community staff who care for people living with dementia. The survey should take about 25 minutes.

Your responses are confidential and will never be shared with your employer.

Dementia is a general term for a condition causing loss of memory, language, problem-solving, and other thinking abilities that are severe enough to interfere with daily life. Alzheimer's disease is the most common cause of dementia.

General Information

<u>Topic</u>: The University of Michigan and the University of California, San Francisco are conducting a study to learn more about healthcare workers who provide care to persons living with dementia. RTI International has partnered with the study team to deliver this survey to assisted living staff such as yourself. To get information, we'd like 4,400 people to answer a survey. We expect it to take about 25 minutes to complete the survey.

Voluntary: Answering this survey is voluntary. You don't have to answer it if you'd rather not. You can skip any questions that you don't want to answer, whatever the reason, and you don't have to tell us why.

<u>Risk</u>: It's possible that some of the questions may make you feel uncomfortable. If a question makes you uncomfortable, you can just skip it and go to the next question. Although unlikely, there is always a risk of breach of confidentiality.

<u>Confidentiality</u>: To keep your information as confidential as possible, we will label your survey with a code, rather than your name or any other details that researchers could use to identify you. All published data will remain de-identified, which means all information that could be used to identify you will be removed (for example, your name).

<u>Benefit</u>: Answering our survey won't benefit you directly. We hope what we learn will help improve the quality of dementia care in the future.

<u>Data Sharing</u>: Funding for this study is provided by the National Institute on Aging (NIA) of the National Institutes of Health (NIH). Your de-identified survey data will be combined with data collected from other participants and stored in a NIH data repository. The de-identified survey data will be used for future research studies without additional informed consent.

Your de-identified survey responses may be combined with responses about the organization where you work. All of the data will be de-identified and will not include your name or the name of the organization where you work. You cannot be identified from the survey responses you provided.

NIA has partnered with the University of Michigan to manage and store the de-identified data from your survey responses. In the future, the NIA may transfer the management of the study data to another institution.

<u>Compensation</u>: To thank you for taking part in our study, we'll send you [FILL1] after you take the survey. You will be asked for your name and address in order to receive your incentive. This information will be kept separate from your survey responses.



Contact Information

To find out more about the study, to ask a question or express a concern about the study, or to talk about any problems you may have as a study subject, you may contact one of the following:

Principal Investigator: Donovan Maust, MD

Telephone: 734-998-8826 Email: info@ndws.org

Study Coordinator: Ariana Napier

Mailing Address: RTI International

3040 East Cornwallis Road

P.O. Box 12194

Research Triangle Park, NC 27709.2194

Telephone: 866-881-2515 Email: anapier@rti.org

You may also express a concern about a study by contacting the Institutional Review Board:

University of Michigan Medical School Institutional Review Board (IRBMED)

2800 Plymouth Road Building 520, Room 3214 Ann Arbor, MI 48109-2800 734-763-4768

Email: irbmed@umich.edu

If you are concerned about a possible violation of your privacy or concerned about a study, you may contact the University of Michigan Health System Compliance Help Line at 1-866-990-0111.

By completing this questionnaire, you confirm that you have read and understand the consent, are 18 years or older, and are willing to voluntarily take part in this study.

INSTRUCTIONS

Answer all of the questions by completely filling in the circle to the left of your answer, like this:

YesNo

You are sometimes told to skip over some questions in this survey. When this happens, you will see an arrow with a note that tells you which question to answer next, like this:

28. During the past month, did you miss any time from work because of problems with transportation?

Yes

No → Go to #31
29. During the past month, how many shifts did you miss because of transportation problems?

Number of shifts

In this example, if you answer "Yes" to Question 28, you should continue to Question 29.

If you answer "No" to Question 28, you should skip to Question 31.

START HERE

This survey asks questions about your job with:

[FACILITY NAME]
[ADDRESS1]
[ADDRESS2]
[CITY], [STATE], [ZIP]

1. You have been selected to complete this survey based on your employment at this assisted living community. Do you still work at this community?

Yes

No \rightarrow Go to #84 on page 15

If this community is associated with others that have a separate license, <u>answer all questions in</u> relation to only the one licensed assisted living community named above.

EDUCATION, TRAINING, AND EXPERIENCE

2. Have you ever held a state license, certification, or registration related to your job in an assisted living community? ○ Yes ○ No → Go to #5	 5. Are you currently working towards a certificate, license, or degree related to healthcare? Yes No
→3. Please select the state licenses,	6. Which of the following describes your highes level of education? Some high school coursework High school diploma or equivalent Some college coursework Practical/vocational nursing diploma or certificate Diploma from a hospital-based RN program Associate degree Bachelor's degree Master's degree Doctoral degree Other (please specify):
O None of the above	7. Have you ever received formal training (onlin or in-person course) in Yes No
	a. Understanding dementia?
4. Please check any state licenses, certifications, or registrations that you have ever held in the past, even if it is	b. Responding to resident behaviors?
not current: Select all that apply. Licenses	c. Communicating with people with dementia?
☐ RN ☐ LPN/LVN	d. Working with families of people with dementia?
☐ Other (please specify):-	e. Identifying changes in residents' condition?
	f. Providing end-of-life care?
Certification or Registration Certified Nursing Assistant	g. Caring for residents of different cultures, values, or beliefs?
☐ Home Health Aide☐ Personal Care Aide/Assistant	h. Respecting residents' orights?
☐ Medication Aide☐ Other (please specify): ☐	i. Protecting residents against injury?
	3 3

	y in Yes	No	
. Understanding dementia?	0	0	current jobs for pay
o. Responding to resident behaviors?	0	0	→ If you have <u>one job</u> , go to #16
c. Communicating with people with dementia?	0	0	→ If you have more than one job, continue to #13
d. Working with families of people with dementia?	0	0	13. How many jobs do you currently
e. Identifying changes in residents' condition?	0	0	for pay in the field of long-term
. Providing end-of-life care?	0	0	paid jobs in long-term care
c. Caring for residents of different cultures, values, or beliefs?	0	0	14. How many jobs do you currently for pay in other fields?
n. Respecting residents' rights?	0	0	paid jobs in other fields
. Protecting residents against injury?	0	0	
. Protecting yourself against injury?	0	0	15. What type of employer do you h your other job(s)? Select all that
hat it is like to actually work a		for curre	☐ Another type of health care em☐ Other (please specify): ¬
b? Not at all prepared Somewhat prepared Well prepared			☐ Other (please specify):¬
b? Not at all prepared Somewhat prepared	worki type o	ng for	The state of the s

17.	How long have you worked with this employer?	23.	Do you administer any of the for your residents?	llowin	g to	
			,	Yes	No	
	Years → Go to #19		a. Prescription oral medication	0	0	
	- ○ Less than one year		b. Prescription creams/ointments	0	0	
4	▶18. How many months have you worked with this employer?		c. Over-the-counter medications	0	0	
	Months		v much do you agree or disagre owing statements:	e with	the	
19.	How many hours per week do you usually	24	I. Last minute adjustments are			
	get paid for your work in this job?		to your schedule by your emp	oloyer.		
	hours per week		Strongly disagree			
	nours per week		○ Disagree			
			O Agree			
20.	How many weeks per year do you usually work in this job?		○ Strongly agree			
	weeks per year	2	You can easily anticipate what times you will be working we			
			 Strongly disagree 			
24	What abifts do you normally work in this		○ Disagree			
2 1.	What shifts do you normally work in this job? Select all that apply.		○ Agree			
	□ Days		○ Strongly agree			
	□ Evenings					
	☐ Nights	26	Are you assigned to care for the	a sama	,	
	☐ Weekends	20.	residents on most weeks you w			
	☐ No regular shift schedule		the residents you are assigned each week?			
			○ Same residents			
22.	Do you supervise other staff in your job?		Residents change			
	YesNo		○ Combination			
			During the past month, how did travel from home to your job? O Drove yourself Got a ride from others Public transportation Walking or bicycle Taxi, van, or rideshare service Other	l you u	ısually	

28.	During the past month, did you miss any time from work because of problems with transportation? —○ Yes ○ No → Go to #31 →29. During the past month, how many shifts did you miss because of transportation problems? Number of shifts		32.	Do you currently hav Select all that apply. Yes, from this job Yes, from another j Yes, from spouse's Yes, from parent or Yes, Medicaid Yes, Medicare Yes, Veterans Affai Yes, from the Afford No, I do not have he	ob or pa pared rs(VA dable	rtner's jo nt's job .) Care Ao	ob ct/Exchange	е
	30. During the past month, how many times were you late because of transportation problems?	,	33.	Does this community benefits? If yes, how you currently receive	many		per year do)
	Number of times				offer	ed? →		
31.	How are you paid? First, select one (hourly, weekly, twice-monthly or monthly) and then report your wage.			a. Paid time off (PTO) that combines sick and vacation	0	○ →		
	O Hourly wage → What is your hourly wage before taxes?			b. Paid sick time that is separate from vacation time	0	○ →		
	Weekly salary What is your weekly salary before taxes?			c. Paid vacation time that is separate from sick time	0	○ →		
	Twice-monthly salary What is your twice-monthly salary before taxes? Monthly salary What is your monthly salary before			Does this community insurance for employ → Yes No → Go to #36 or	rees'	families e 7	<u> </u>	
	taxes? \$			▶35. Is your family cu health insurance ○ Yes ○ No				
		6				24264	169744	

36. Does this community currently offer dental insurance? ○ Yes ○ No → Go to #38	42. Does this community currently offer <u>paid</u> <u>parental leave</u> ? — ○ Yes ○ No → Go to #44
▶37. Are you currently enrolled in dental insurance from this community? ○ Yes ○ No	▶43. Have you ever received paid parental leave from this community? ○ Yes ○ No
38. Does this community currently offer <u>vision</u> <u>insurance</u> ? O Yes O No → Go to #40	44. Does this community currently offer retirement benefits (401K, 403B, pension, other)? Ores Ores Ores Ores Ores Ores Ores Ore
 ▶39. Are you currently enrolled in vision insurance from this community? ○ Yes ○ No 	▶45. Are you currently enrolled in retirement benefits from this community? ○ Yes ○ No
40. Does this community currently offer <u>tuition</u> reimbursement or education scholarship? ○ Yes ○ No → Go to #42	46. Do you have enough support in your job to grieve patients who are dying or who have died? O Yes
▶41. Have you ever received tuition reimbursement or an education scholarship from this community? ○ Yes ○ No	○ No
DEMENTIA CARE KNOWLEDGE	E, ATTITUDES, AND PRACTICES
Please continue to answer the questions related to 47. Do you provide direct care to people with deme	
	9402469745

Disagree	Somewhat disagree	Neutral	Somewhat agree	Agree	Strongly agree
0					
0					
	0	0	0	0	0
0	0	0	0	0	0
0	0	0	0	0	0
0	0	0	0	0	0
0	0	0	0	0	0

50. For each item below, how confident are you in your ability to do these things with residents who have dementia?

	Not at all confident	A little confident	Somewhat confident	Very confident
a. I can use information about their past (such as what they used to do and their interests) when talking to a resident with dementia.	0	0	0	0
b. I can change my work to match the changing needs of a resident with dementia.	0	0	0	0
c. I can keep up a positive attitude towards residents with dementia.	0	0	0	0
d. I can keep up a positive attitude towards the relatives of residents with dementia.	0	0	0	0
e. I can keep myself motivated during a working day.	0	0	0	0
f. I can play an active role in my team.	0	0	0	0
g. I can protect the dignity of a resident with dementia.	0	0	0	0
h. I can deal with personal care, such as incontinence, in a resident with dementia.	0	0	0	0
 I can offer choice to a resident with dementia (such as what to wear, or what to do). 	0	0	0	0

Please indicate how much you agree or disagree with the following statements:						
	Strongly disagree	Disagree	Agree	Strongly agree		
a. I have appropriate personal protective equipment (PPE).	0	0	0	0		
 Equipment or assistive devices are available when needed to help move, transfer, or lift residents. 	0	0	0	0		
c. Other staff are available when needed to help move, transfer, or lift residents.	0	0	0	0		
d. The health and safety of workers is a high priority with management where I work.	0	0	0	0		
e. The demands of my job interfere with my personal or family life.	0	0	0	0		
Thinking about your job at this community, please indicate your level of satisfaction or dissatisfaction with each of the following:						

51.

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dissatisfaction with each of the following.						
	Very dissatisfied	Dissatisfied	Satisfied	Very satisfied		
a. Overall job	0	0	0	0		
b. Schedule of hours	0	\circ	\bigcirc	0		
c. Salary or wages	0	0	0	0		
d. Benefits	0	0	0	0		
e. Type of work that you do	0	0	0	0		
f. Opportunities to learn new skills	0	0	0	0		
g. Independence at work	0	0	0	0		
h. Working with your supervisor	0	0	0	0		
i. Working with your coworkers	0	0	0	0		
j. Opportunities for career advancement	0	0	\circ	0		
k. Relationship with residents	0	0	0	0		
Relationship with family members of residents	0	0	0	0		
m. Your workload	0	0	0	0		
n. Respect for your role	0	0	0	0		
o. Work schedule flexibility	0	0	0	0		
p. Work environment	0	0	0	0		
q. Ability to take enough sick time	0	0	0	0		

53. Thinking about your job at this community, how much do you agree or disagree with each of the following?

	Strongly disagree	Disagree	Agree	Strongly agree
 a. I have enough time to give individual attention to residents who need assistance with dressing, bathing, transferring, or using the toilet. 	0	0	0	0
b. I have enough time to complete other duties that don't directly involve the residents.	0	0	0	0
c. Residents and/or families let me know when I am doing a good job.	0	0	0	0
d. My supervisor(s) lets me know when I am doing a good job.	0	0	0	0
e. I am encouraged to discuss the care and well- being of residents with their families.	0	0	0	0
f. I participate as a member of a care team.	0	0	0	0

54. In your job at this community over the past year, how often have you experienced the following:

	Never	Rarely	Sometimes	Often
a. Communication problems with co-workers	0	0	0	0
b. Communication problems with supervisor(s)	0	0	0	0
c. Communication problems with residents	0	0	0	0
d. Communication problems with residents' family members	0	0	0	0
e. Disrespectful behavior from residents	0	0	0	0
f. Disrespectful behavior from residents' family members	0	0	0	0
g. Racial, ethnic, religious, or other personal insults from residents	0	0	0	0
h. Inappropriate sexual behavior from residents	0	0	0	0
Hitting or other physical aggression from residents	0	0	0	0
j. Yelling or other verbal aggression from residents	0	0	0	0

55.	Would you recommend this community to your family and friends needing care?		DEMOGRAPHICS
	O Definitely no		Finally, we have a few short questions that will
	○ Maybe no		help us ensure we receive feedback from a
	○ Maybe yes		diverse group of people.
	O Definitely yes		arreide group et people.
			62. What is your birth year?
56.	In your current job have you ever been		
.	discriminated against by your employer		Year of birth
	because of your race or ethnic origin?		
	○ Yes		
	○ No		63. Are you of Latino or Hispanic ethnicity?
	○ 140		Select all that apply.
			○ No, not Hispanic/Latino
57.	I feel burned out from my work		☐ Yes, Central American
	○ Never		☐ Yes, South American
	○ A few times a year or less		☐ Yes, Caribbean
	Once a month or less		
	○ A few times a month		☐ Yes, Mexican
	Once a week		☐ Yes, Other Hispanic
	○ A few times a week		
	Every day		
	C Every day		64. What is your racial background? Select all
FO	During the past 42 months, did you		that apply.
50.	During the past 12 months, did you experience any work-related injuries?		African-American, Black, African
	•		☐ American Indian, Native American, Alaskan
	-○ Yes		Native
	○ No → Go to #61		Asian Asian
4		'	→Please specify (select all that apply):
Ц	▶59. Did any of these injuries require any first		☐ Filipino
	aid or medical treatment, change in job		☐ Chinese
	activities, or lost time from work?		☐ South Asian (e.g., Indian, Pakistani)
	○ Yes		☐ Southeast Asian (e.g., Vietnamese,
	○ No		Malaysian)
	O 140		☐ Other Asian
	CO Mas any injume with your job of this		☐ Native Hawaiian or Pacific Islander
	60. Was any injury with your job at this		☐ Middle Eastern or North African
	community?		☐ White/European
	○ Yes		•
	○ No		☐ Other (please specify):—
		,	
61.	How long do you think you will continue to		
	work at this community? Please remember		
	this survey is confidential.		
	○ Less than 6 months		
	6 months - 1 year		
	More than 1 year		
	O Don't know/unsure		
	O Don't know/unsure		
		12	1916469747

65. Where were you born?	70. Do you think of yourself as:
○ In a U.S. state or D.C.	 Straight or heterosexual
(please specify):¬_	O Lesbian or gay
(F 2 2 2 5 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	• •
	○ Bisexual
	 Queer, pansexual, and/or questioning
→ Go to #69	○ Something else (please specify): ¬
	<u> </u>
○ In a U.S. territory	
(please specify):-	
	O Don't know
	Prefer not to answer
→ Go to #69	
Outside the United States	
(please specify country):¬_	71. Do you think of yourself as:
(please specify country).	○ Male/man
	○ Female/woman
	O Transgender man/trans man
	 Transgender woman/trans woman
	○ Non-binary
→66. What year did you come to live in the	 Genderqueer/gender nonconforming/neither
United States? If you came to live in the	exclusively male nor female
United States more than once, enter the	·
most recent year.	Another gender category or other
	(please specify):¬
Year	
07 A	O Prefer not to answer
67. Are you a citizen of the United States?	
├── Yes, U.S. citizen by naturalization	
○ Yes, born abroad	72. Have you ever served on active duty in the
to U.S. citizen parent(s)	U.S. Armed Forces, Reserves, or National
O No, not a U.S. citizen O Go to #69	Guard?
O Prefer not to answer	Never served in the military
	 Only on active duty for training in the
	Reserves or National Guard
68. In what year did you become a	 Now on active duty
naturalized citizen?	On active duty in the past, but not now
	on active daty in the pact, but not non
Year	
69. Regardless of your own immigration or	
citizenship status, do you ever worry that	
you or a family member could be detained or	
deported?	
○ Yes	
○ No	
Prefer not to answer	

73. Do you speak any languages other than English well enough to communicate with residents?	THANK YOU
residents? ○ Yes ○ No → Go to #75	Thank you for participating in the National Dementia Workforce Study. We will conduct a follow-up study in 2025 and would like to invite you to participate. Learning about how your
▶74. What language(s)? Select all that apply. ☐ Spanish ☐ Hindi	experiences change over time will help provide a better understanding of the challenges and opportunities faced by the dementia care workforce.
☐ French ☐ Persian/Farsi ☐ Chinasa	When we do the study next year, we would like t reach you directly.
☐ Chinese ☐ Arabic ☐ German	78. Please provide your first and last name so that we can contact you directly when we launch the study next year.
☐ Russian ☐ Italian	First Name:
☐ Hebrew ☐ Other language (<i>please specify</i>):¬_	
	Last Name:
75. Do you identify as a person with a disability?	
○ Yes	79. What is the best address where we can send
○ No○ Prefer not to answer	the information you will need to complete the survey next year?
	Address:
76. Not counting yourself, how many other people in your household are the following ages? Only count people who normally stay	
with you for at least 2 nights per week. If no one of that age lives in your household, please enter	City:
"0".	
Children, age 17 or younger	State: ZIP Code:
Adults, age 18-64 years	
Adults, age 65 and older	
77. Do you have responsibility for assisting or caring for any adult family members who	80. What email address can we use to send the information you will need to complete the survey next year?
need help because of a condition related to	Email address:
aging or a disability? Do not include paid positions.	
○Yes	
○ No	
	1910469741

1. May we send text messages to your cell phone to contact you about the upcoming study? O Yes No			
▶82. What phone number can we use to send the information you will need to complete the survey next year? Area Code Number			
33. Thank you for completing the survey. You will receive[FILL2] as a token of appreciation for participating in this study. What address should we send your physical prepaid Visa gift card to? Address:			
City:			
State: ZIP Code: We will send your incentive gift card to your address within the next4 weeks.			
44. Please return your questionnaire in the enclosed return envelope or mail it to: RTI International Cox Building – FDC NDWS (0219560.002.003.004) PO Box 12194, 3040 E Cornwallis Rd Research Triangle Park, NC 27709			
Thank you for participating in the 2024 National Dementia Workforce Study.			